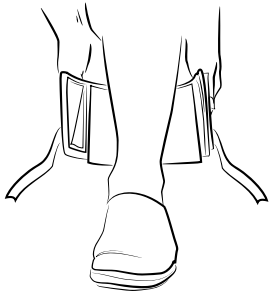


Instructions for the KX2 Devices Foot Lift

Contents: (1) Cuff with spring straps attached, (2) Foot Straps (to use with loafers, two sizes) and (1) pair of Eye Hooks (to use with lace up shoes).

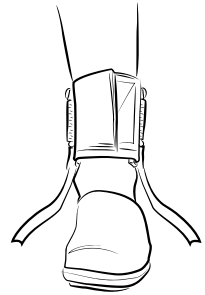
Step 1. Place the ankle cuff around the ankle with a sock or hose on. The foam side goes against the ankle. The cuff should rest just above the ankle bone.



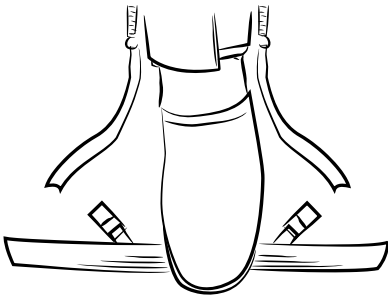
Step 2. Position the cuff with the opening towards the front and secure tightly with the velcro fastener. Make sure the spring strap buckles are towards the top of the cuff.



Step 3. With the ankle cuff securely fastened to the ankle as shown, make sure that the cuff is rotated about the ankle so that the spring attachments are centered on either side of the ankle.



Step 4. Place the foot strap under the front sole of your shoe with buckles facing down. Bring the straps up and cross over the top of your shoe. Be sure to make an "x" to secure the Velcro fastener. This keeps the strap from slipping off the front of your foot. The buckles should be lined up evenly on either side of your foot.



Step 5. Now you are ready to hook the spring straps from the cuff to the foot strap. Undo Velcro fastener on each spring strap and secure them through the buckles on the foot strap. Lift your toes up and tighten each strap so that your foot is at a 90 degree angle. Secure the fasteners straps.

Adjusting the Flexible Foot Lift

- Tighten or loosen the spring straps to provide the amount of support as needed.
- You can cut the ends of the spring strap if they are too long and in the way. Just make sure you have enough to ensure the Velcro fastener is secure
- Feel free to trim and reposition the neoprene liner to fit your ankle comfortably. It peels off easily from the cuff.



Step 6. The finished position of the foot lift should look like below. This device can be used on sandals, shoes with no heels or with moderate heels.

For lace up shoes with eyelets, you can use the eyelet hooks provided in place of the foot strap. Simply insert the hooks in the farthest set of eyelets. Attach and adjust the spring straps as in step 5.

Contact us at service@kx2devices.com with any questions. Or you may reach us at the numbers provided below.

